



## ThermiVa

### Vaginal Rejuvenation without Hormones or Surgery

The Center for Functional Medicine is excited to announce that we are now providing vaginal rejuvenation services to our patients. Having recently been credentialed in the use of ThermiVa, we now offer the latest **safe and effective approach to the restoration of healthy vaginal anatomy, lubrication, and sexual function**. ThermiVa treatments, which are non-surgical and non-hormonal, are the perfect solution for women who want to revive and reinvigorate their sexual experience without the worry of surgical complications or hormone therapy. ThermiVa utilizes a technology called radiofrequency that is safer, more reliable, and less invasive than other vaginal rejuvenation treatments that use lasers. Laser treatments are painful, more expensive, and associated with a higher rate of complications. ThermiVa is rapidly becoming the technique of choice in both Gynecology and Uro-Gynecology for the restoration of vaginal anatomy and function. In addition, ThermiVa is especially suited for breast cancer survivors.

#### How do I know if I would benefit from ThermiVa?

- Do you experience dryness during intercourse?
- Do you have trouble reaching orgasm?
- Do you occasionally leak urine when you sneeze, cough or exercise?
- Have you noticed a change in vaginal tone since childbirth?
- Are you experiencing loss of self-confidence? Loss of interest in sexual activity?
- Have your intimate relationships suffered due to these changes?



## What is ThermiVa and how does it work?

ThermiVa is a breakthrough in-office radiofrequency system that uses harmless radio waves for vaginal restoration and rejuvenation. The sophisticated radiofrequency technology stimulates collagen production, which enhances the strength and overall quality of the vaginal tissue. The device is hand-held and “S”-shaped for maximum comfort and ease.

Excessive stretching of vaginal muscles is a common occurrence. Decreases in the elasticity of the vaginal tissue can diminish sexual sensation, reduce satisfaction, and reduce lubrication. Patients often experience dissatisfaction with the external changes related to the normal aging process, which can cause chronic irritation or discomfort. ThermiVa is the solution that will restore normal tissue tone, function, and appearance.

## What you can expect:

- No surgery
- No downtime
- No anesthesia
- Comfortable, in-office treatments
- Three 30-minute sessions, one month apart
- You may resume sexual relations the same day/night of the procedure
- Noticeable improvement after 1st or 2nd session
- Long-lasting results

Read more about ThermiVa in [Elle Magazine](#)

See more about ThermiVa on this episode of [The Doctors](#)

And visit the [ThermiVa site](#) to see if ThermiVa is right for you!

Click below to read 2 scientific papers on ThermiVa:

[Minerva Ginecol. 2016 Jun;68\(3\):225-36.](#)

[J Obstet Gynaecol India. 2016 Aug;66\(4\):300-2.](#)